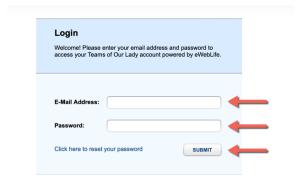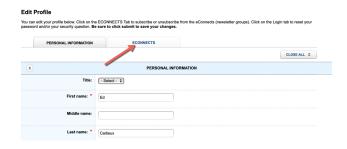# Updating Profile to Sign-up for Prayer Request Email

> **NOTES**
> 1. You must login in order to sign-up for the prayer request emails.
> 2. If you do not know how to login or are having issues with logging into the Teams website, send the Webmaster an email requesting Assistance. The email address for the webmaster is webmaster@teamsofourlady.org.

☐ Click on the link located on the Prayer Request page of the Teams of Our Lady website.

☐ Login to the system by entering your email address, password and clicking SUBMIT button.

☐ Click on the ECONNECTS tab

☐ Select Prayer Requests Email checkbox then select SUBMIT button